

**Martial Arts Club “Atrapos”**

[www.atrapos.gr](http://www.atrapos.gr) [atrapos.sec@gmail.com](mailto:atrapos.sec@gmail.com)

[www.kendo.gr](http://www.kendo.gr) [info@kendo.gr](mailto:info@kendo.gr)

# 17<sup>th</sup> Thessaloniki Kendo Cup



14-16 Feb 2025

Atrapos club is announcing the 17<sup>th</sup> Thessaloniki Kendo Cup which is organizing under the auspices of HKNF.

This year we are proud to present to you the invited sensei:

Sensei:

**Budden Paul** 7 dan kyoshi

**Labrou Jean-Pierre** 7 dan kyoshi

**Guentleur Michel** 7 dan kyoshi

**Matsuda Kazuyo** 7 dan kyoshi

**Arabadjiyski Alexandar** 7 dan kyoshi

**Maes Christian** 7 dan kyoshi

**Filippi Cristian** 7 dan Renshi

**Kovacs Ferenc** 5 dan

• **SCHEDULE**

DATE	TIME	ACTIVITIES
Thursday 13 Feb	11:00-13:00	Keiko - Venue: YMCA – N.Germanou 1 - Thessaloniki
	20:00-22:00	Keiko - Venue: YMCA – N.Germanou 1 – Thessaloniki
Friday 14 Feb	11:00-13:00	Keiko - Venue: YMCA – N.Germanou 1 - Thessaloniki
	19:00-21:00	Keiko & Freegikeiko - Venue: Kolindros Sports center
Saturday 15 Feb	06:00-07:00	Asageiko *
	08:30-10:00	Keiko
	10:00	Shinai check
	10:30-13:30	<b>Opening Ceremony - 17<sup>th</sup> Thessaloniki Cup</b> Kata Taikai Juniors Individual categories
	13:30-14:15 14:15	<b>Lunch break</b> Individual categories (Men, Women) Free jigeiko**
		<b>Venue: Kolindros Sports center</b>
Sunday 16 Feb	06:00-07:00	Asageiko *
	08:00-08:30	Warming up & shinai check
	09:00-15:00	<b>17<sup>th</sup> Thessaloniki Cup:</b> Veterans Taikai Team competition Awards & Closing Ceremony
	15:00	<b>Lunch</b>
	5:30	<b>Shinsa 1 Kyu - 5 Dan</b> Free jigeiko**

**Notes**

For any further changes and exact timetable new announcement will be followed on [www.kendo.gr](http://www.kendo.gr) after the end of registration – Saturday 01/02/2025

**\*Asageiko Saturday and Sunday morning: to be confirmed**

**\*\*Free gigeiko to be confirmed**

**Categories of Competition**

J-A: Kids & Junior bougu (8-12 years old )

J-B: Kids & Junior bougu (13-15 years old )

J-C: Kids & Junior bougu (16-17 years old )

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M-K: Men Kyu

M-D: Men Dan

M-V: Men Veterans (40 years old & above)

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W-K: Women Kyu

W-D: Women Dan

W-V: Women Veterans (40 years old & above)

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K: Kata competition

## Notes:

**Individual categories: MK, MD, WK, WD:** There is no limit in the number of participants in individual competition. In case that a category doesn't contain enough competitors it will be merged into the next one.

For 6<sup>th</sup> -5<sup>th</sup> kyu holders that would like to participate to the tournament, they have to ask the permission of their club which has the responsibility of them and they know the proper manners of the shiai.

**J-A: Kids** (8-12 years old ): in order to motivate the kids who are mukyu or just kyusha and they haven't have practiced enough with bougu they will compete in kirikaeshi or uchikomi (with a partner in bougu) and shiai of 1 min .Winner will be declared by "hantei".

**J-B: Juniors** (13-15 years old ): they have shiai of 3 min. After that "encho"(no time)

**J-C: Juniors** (16-17 years old ): they have shiai of 3 min. After that "encho"(no time)

Juniors of this category can compete also in the adults' competition, individual (depending their grade kyusha or yudansha) and team. In this case it is necessary to send a permission of their parents or their club.

## **T : Team**

Every club can participate with two teams of 3-5 plus two competitors. It is possible mixed teams to be created with spare competitors who don't form any team of their club. In such case the organizing committee has the liability to form the mixed groups. Such individual participants not to forget to mention their availability into a mixed team during their registration form.

In the junior team category each team will be consisted according the next order: First fighter -junior A, second fighter - Junior b. , Third fighter Junior C, so we give the chance of fair play for all the ages, and at the same time giving priority to juniors' safety. If a team is missing one fighter we can arrange to find one.

Attention: Each club is represented by one leader who is the only person that is allowed to get closer to the secretary, or to the score boards. In any noncompliance maybe result to the Disqualification of the fighter or the team.

## **M-V & W-V: Veterans.**

(40 years old and minimum 2<sup>nd</sup> dan in Kendo).

Four participants is the minimum, in order to create a category although men's and women's division could join into a mixed category. Subcategories will be created of every 5 years of age but it depends of the nr of participants and it lies on the liability of the organizing committee.

(example 40-45years old....55-60years old, 60+)

## **K: Kata**

### Kata requirements

6th-4th Kyu : Kihon kata 1-9

3rd-1st Kyu: Nihon Kendo Kata 1-5

1st Dan : Nihon Kendo Kata 1-5

2nd Dan: Nihon Kendo Kata 1-7

3rd Dan : Nihon Kendo Kata 1-7

4th Dan : Nihon Kendo Kata 1-10

5th Dan : Nihon Kendo Kata 1-10

Participants will compete in pairs (which will be decided either by the fighters on their registration form, either by drawing). They have to be of the same grade of the category that they compete. In case that a fighter can't find a pair of the same grade a lower grade can assist.

In each category 4 pairs are needed to register, if not, then they will compete with the next category. Kata will be announced just before the Taikai. Participants are going to compete in 3 katas except the finals where they may have to show 5 katas.

## **Individual & Team Competition** (Duration of the fight)

All the matches will be conducted into two phases:

A. Pools of 3 or 4 fighters/teams (2 of them qualified) with duration of 3 min.

B. Knock out system with duration of 3 min, semifinals and finals duration of 5 min.

**The pool system will be conducted according to the rules of EKF for the EKC 2023 .**

Note: duration of the juniors' competition has been already explained in the previous chapter.

## **SEMINAR**

Participants will attend the seminar in separated groups according to their level and pole and will be assisted by the high rank teachers.

It is possible to have also kids group during the seminar so their parents may contact us to discuss that option. For those who are taking part into the grading it is mandatory to attend Friday evening and Saturday morning so they can have valuable feedback and advises from the senseis

## **GPS Information:**

Latitude : 40.472074 - 40o 28' 19.4658''

longitude: 22.479539 - 22o 28' 46.3398''

## **Transportation : Bus from Thessaloniki to Kolindros**

For those who need transportation from Thessaloniki to Kolindros sports center it is necessary to add their confirmation into their registration form. The cost of the bus is 15€ p/person for each direction.

Departure from Thessaloniki : Friday 16:30 aprox.

Departure from Kolindros : Sunday 17:30 aprox.

The route of the bus will be announced after the registration is over.

The bus will probably leave from the airport and have several stops across the city.

For those who miss the bus they can catch the train to Aiginio city and we are going to pick them up by car.

## **Accommodation**

**Participants are going to be accommodated at:**

1. **Hotel Pierides Mouses** 5min walking distance from the sports hall.

The composition of the participants into the rooms (4-8 people) is eligibility of the organizing committee.

Booking of teams (4-8 people) has priority and also for those who don't have any transportation available. Priority also goes to the participants that they have two days accommodation at the hotel and those who register firstly.

2. **Guest house Pafsilypos (car is necessary)**

5-7 min by car from the sports hall.

6 rooms with twin bed - suitable for couples

1 room with 2 separated beds - suitable for 2 singles

**All meals including breakfast will be provided at Pierides Mouses**

3. **Hotels and Appartements in the nearby area.**

**If you need any help we ll be happy to assist you to find any other accommodation**

## Event Fees:

<p><b>Option A</b> (All included) 200€</p>	<ul style="list-style-type: none"><li>• Seminar : Thursday evening</li><li>• Seminar : Friday morning</li><li>• Seminar : Friday evening &amp; Saturday morning</li><li>• Accommodation : 14rd &amp; 15th of February</li><li>• (breakfast &amp; lunch bags &amp; meals) meals from Friday evening till Sunday afternoon</li><li>• 17th Thessaloniki Cup: All Individual &amp; Team categories</li><li>• Atrapos club can offer sleeping at the dojo for Thursday night (no fee-just bring your sleeping bag). Just mention it at the comments area of the registration form.</li></ul> <p><i>Note:Transport is not included</i></p>
<p><b>Option B</b></p> <p>60€ : Full Seminar (2-5 sessions)</p> <p>40€ : seminar (1 session)</p>	<ul style="list-style-type: none"><li>• Participation at <u>the seminar</u> without accommodation</li><li>• <b>Participation in Kyu &amp; Dan grading require attendance at the seminar on Friday &amp; Saturday</b></li></ul>
<p><b>Option C</b></p> <p>120€ : Full Seminar (2-5 sessions) &amp; Competition ----- 100€ : seminar (1 session) &amp; Competition</p>	<ul style="list-style-type: none"><li>• Participation at <u>the seminar &amp; Competition</u> without accommodation -----</li><li>• <b>Participation in Kyu &amp; Dan grading require attendance at the seminar on Friday &amp; Saturday</b></li></ul>
<p><b>Option D</b> Competition</p> <p>Individual (Juniors) : 35€</p> <p>Individual (Adults) : 35€ Kata taikai &amp; Veterans: 35€ All Adult categories : 50€</p> <p>Team: 10€ /per person</p>	<ul style="list-style-type: none"><li>• Participation at <u>the competition</u> without seminar or accommodation</li></ul>
<p><b>Option E</b> Guests Accommodation only. 50€ per day</p>	<ul style="list-style-type: none"><li>• <u>Accommodation</u> per day (breakfast &amp; lunch bag &amp; meal)</li><li>• Accommodation at Pierides Mouses goes firstly to the participants of full event.</li></ul>

Note:Any further combination of the options is possible but have in mind that **option A** is all included with a discount on the total price.

**Registration for the competition is open till**  
**Saturday 1<sup>st</sup> of February 2025**

**if any cancelation later than this date, then no funds will be returned.**

**[www.kendo.gr](http://www.kendo.gr)**

**Payment**

is possible by transfer into the next bank accounts:

- Piraeus Bank
- Eurobank
- Alpha Bank
- National Bank of Greece

(if you need the iban contact with mr Matzaras K. : [konstantinosmatzaras@gmail.com](mailto:konstantinosmatzaras@gmail.com))

or through

- Paypal account : [konstantinosmatzaras@gmail.com](mailto:konstantinosmatzaras@gmail.com)

**Drawing**

will take place 21:00 on 09/02/2025 at Atrapos Kendo club and will be posted online on [www.kendo.gr](http://www.kendo.gr) and on social media

**The accommodation is on the basis:  
“First registered First served”**

**No registration will be accepted without  
confirmed payment of the chosen option**

# Grading 1st Kyu & 1st-5th dan

we post the document from HKINF regarding shinsa

## HELLENIC KENDO IAIDO NAGINATA FEDERATION

Founded 1999

Member European Kendo Federation (EKF)

Member International Kendo Federation (FIK)



### KENDO EXAMINATION /SHINSA Ikkyu & 1-5 Dan

1. In the context of 17th Thessaloniki Kendo Cup on Sunday 16<sup>th</sup> of February 2025, noon time Secretariat will organize the examination.
  2. Examination committees will be composed by invited teachers and HKINF senior members.
  3. For a smooth conduct of the grading the following instructions are provided:
    - a. Candidates should have the minimum required time between examinations; 6 months, 1 year, 2 years, 3 years and 4 years from Ikkyu, 1 Dan, 2 Dan, 3 Dan and 4 Dan respectively.
    - b. For HKINF members, relevant Application Forms, sent through their clubs / dojo, should be received by HKINF Deputy Secretary Christos Anagnostopoulos, e-mail [eokin.depsec@gmail.com](mailto:eokin.depsec@gmail.com) , by Monday 3 February 2025. Following that date no application will be accepted.
    - c. Candidates should, on Sunday 16 February 2025, provide Grading Secretariat (at the event's venue), EKF Yellow Card for Nidan and higher and pay the relevant examination fee. Immediately following the examination, successful candidates should pay the relevant Registration. Failure to do so may cancel any successful results
- GRADING FEES:
- |        |                    |                     |
|--------|--------------------|---------------------|
| Ikkyu  | Application 10 EUR | Registration 20 EUR |
| Shodan | Application 10 EUR | Registration 20 EUR |
| Nidan  | Application 20 EUR | Registration 30 EUR |
| Sandan | Application 30 EUR | Registration 40 EUR |
| Yondan | Application 40 EUR | Registration 60 EUR |
| Godan  | Application 60 EUR | Registration 80 EUR |
- d. Immediately following the examination, successful candidates should pay the relevant Registration Fee (Ikkyu & 1 dan 10 €, 2 dan 15€, 3 dan 20€, 4 dan 50€, 5 dan 70€). Failure to do so may cancel any successful results.
  - e. Participation at the seminar is mandatory for any grading candidates. Registration and payment of seminar fees should be done through the event organizers.**
4. For information on 17<sup>th</sup> Thessaloniki Kendo Cup 2025, (Seminar, accommodation, relevant costs etc), please contact Matzaras Konstantinos (+306974810444 - [atrapos.sec@gmail.com](mailto:atrapos.sec@gmail.com))

### 5. Final Remarks

Any queries should be addressed to HKINF Deputy Secretary Christos Anagnostopoulos, e-mail [eokin.depsec@gmail.com](mailto:eokin.depsec@gmail.com)

S.G. Drossoulakis  
HKINF President

I.D. Psaltakis  
HKINF General Secretary